

We have included pleas for additional volunteers in many previous newsletters, so we know you are tired of our badgering. But we have seldom gotten responses and things seem to be getting even worse, with fewer and fewer active volunteers. It seems it's the same routine over and over, folks just assuming that "someone" else will do it. Won't you please check your calendar and see if you can share just one brief, 3 ½-hour stint each month so that the SRC can remain open daily? If you choose a specific slot each month, like the second Tuesday morning, you can make it into a regular habit and make your other needed appointments on other days. You'll quickly learn how good you will feel as a volunteer, making a difference for others and helping our center grow.

We want the Senior Resource Center to continue to flourish, but we cannot be successful without your help. Stop by the center to fill out a volunteer application, a simple one-page form, call us at 385-2175 or email us at info@vbsrc.com. We need you!

We recently manned booths at the Creeds Elementary School Grandparents' Breakfast and the Mayor's Commission on Aging Senior Showcase and succeeded in signing up a sizable group of people who want to receive our newsletter so they will be added to our mailing list. If we're lucky, perhaps one or two of those new members may become volunteers. If you belong to a group that has regular meetings, we would be glad to attend a meeting to tell your member colleagues about the SRC. We are continually looking for ways to advertise our very unique program and to attract new, younger blood. Call the center at 385-2175 if you'd like us to visit your group or email us at info@vbsrc.com.



Social Security Benefit for 2020

Those of us who receive a monthly Social Security benefit will see an increase of 1.6% in our 2020 checks, starting January 1. This is the result of the annual Cost of Living Adjustment. It will amount to an average increase of \$24 per month—not much, but better than nothing.

Donations

Judith M. Hall for the center's use as needed

Dorothy A. Dough for whatever is needed

M. Arlene and Laurence Landon to be used as needed

Donna M. Levy to be used as needed

Nancy and Mike Newbill for holiday celebrations

Our Mission Statement

The Senior Resource Center aims to provide residents in Southern Virginia Beach educational seminars, physical activities and social interaction needed to live their lives to the fullest. This is a collaborative effort with the City of Virginia Beach.

The Senior Resource Center is a 501 (c) (3) corporation, incorporated in the Commonwealth of VA. Contributions to the SRC are tax deductible.

Responsibility and Oversight

President

Johnnie Williams 470-7186

Vice President

Sharon Prescott 630-2660

Treasurer

Pat Jenkins 618-5304

Hours of Operation

Monday – Friday, 9:00 AM – 4:00 PM

During inclement weather, The SRC operates on the local school schedule.



Councilwoman

Barbara Henley 426-7501
City Liaison

Newsletter

Anne Bright 426-7832

Newsletter Layout

Tom Shearer 426-7831

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